Trump and the Republican Congress want to take Medicaid coverage away from 291,000 Marylanders and leave the State treasury short billions of dollars! We can’t let him do this! Call, Write or email Governor Larry Hogan and tell him to contact President Trump and Republican Congressional Leadership and fight for Marylander’s health care coverage!

**Instructions for contacting the Governor :**

**Call:** Governor Hogan’s office at this number: 410-974-3901 / 1-800-811-8336
 MD Relay 1-800-735-2258

**Write:** Mail the draft letter or one of the personalized letters to Governor Hogan;

100 State Circle
Annapolis, Maryland
21401-1925

Note: Consider cc’ing the *Deputy Secretary, Health Care Financing*  Shannon McMahon shannon.mcmahon@maryland.gov  on your emails since she deals with Medicaid

**Email** one of the personalized emails to http://governor.maryland.gov/mail/default.asp

**Contact information for State Delegates and Senators:**

Encourage your state representatives to take a proactive stance and bring up concerns about the impact of repeal of the ACA in the legislature and with the Governor. Below is the link that takes you to the listing of all state delegates and senators. In the upper right hand corner of page is “who represents me”. This tab locates all your representatives and their contact information. You can send an email directly to your representatives from the site. In addition on the page listing all the representatives if you click on the arrow to the right of the name it will take you useful information about the Delegate or Senators including bio, committees and contact info etc. You can directly send an email to the representative by clicking on contact.

Listing of representatives Maryland: <http://mgaleg.maryland.gov/webmga/frmmain.aspx?pid=legisrpage&tab=subject6>

**Committees:**

Consider contacting relevant committees. It was suggested that representatives or chairman of the Appropriations Committee and Health and Government operations would be the most relevant, Below is a link to the committee page.

Listing of committees <http://mgaleg.maryland.gov/webmga/frmcommittees.aspx?pid=commsenaudio&tab=subject7>

**Suggestions about calls to any representative Federal or State:**

Calls have the most impact when they come from the representatives own constituents. Calls from **constituent**s are usually logged and tabulated. So contact your representatives. In addition there are certain key individuals who may not be your representative that you may wish to contact due to their role on a Federal or State level; such as Committee Chairs or individuals with key positions for example Paul Ryan. Remember if you have friends or relatives in key states encourage them to contact their representatives. A listing of key Republicans and the states they represent is included.

Here are some suggestions from individuals who have worked in representatives offices:

* Remember the goal is to be focused and get your point across.
* Identify ahead of time the particular point you want to make.
* You may want to write it out or practice what you are going to say.
* Personalize your message if possible. If you are a healthcare provider or if you or your loved one was personally impacted by a component of the ACA you should note that
* Personal stories are very helpful but remember time is limited so be clear about the point you want your story to make so that you can be brief but make sure to get your message across. They need to know relevant aspects of what happened but not every little detail.
* Be polite to the person taking the call. They are doing their job and will listen more if they are not being attacked

**Indivisible** is a source with great materials from former congressional staffers about the most effective ways to contact representatives and suggestions and links for ways to be effective in dealing with this administration <https://www.indivisibleguide.com/>